Student of the Week

Congratulations to our Student of the Week winners who were Alexa and Jensen. Alexa was awarded for demonstrating resilience and for being a wonderful friend to others. Jensen’s award was for showing great improvement with BMX skills on French Day! Well done Alexa and Jensen!

IMPORTANT DATES

Athletic Sports
Friday 20th May

Lightning Premiership
Tuesday 24th May

MARC Van
Wednesday 1st June

Group Day-Buangor
Friday 3rd June

Report Writing Day
Friday 10th June
Principals Report

We are all looking forward to our sports tomorrow at Willaura. Students have been training hard for some time and are keen to show their progress. We wish every student the best of luck and most importantly to enjoy the day!! We would like all students to be at the oval by 9am where they will need to collect name tags from either Mr Murrell or Mrs Peacock. Also don’t forget to bring a water bottle. Go Buangor!!

Last Friday we all had a fantastic day with our French Day. Students and teachers dressed up and participated in many great activities, including Tour De France, art sketches, word games, a fashion parade and a yummy French lunch. A big thank you to Mrs Joyce who put a lot of effort into organising this day.

On Wednesday we had the return of the Marc Van with Mrs Hicks. This was a great opportunity for our students to borrow some books from the wide range that the van has.

Today we had Walk to School Day! With less on traffic on our roads, due to the bypass, it is fantastic that many of our children can now walk or ride to school.

Lastly, just a reminder that there is a School Council Meeting next Wednesday 25th May at 6pm.

Marcus Murrell

Well done to Ivy on receiving a Reading Eggs Certificate this week.

Congratulations to Will who received an award from Mrs Hicks for completing excellent work in Marc Van yesterday.
This week in maths the children have been learning about 3D shapes. They loved constructing these great 3D shapes.

Sports Practice

Our students have been training hard recently for the School Sports tomorrow. A holiday to the Australian outback hasn’t stopped Feebee and Shaelynn who are pictured practising for the shot put in the middle of the Simpson Desert. Unfortunately they were stuck at Birdsville for 6 days due to being rained in and now will miss the sports. I am sure they will have some great stories to share when they return hopefully next week!
French Day Fashions

What a great day everyone had last Friday for our French Day.

As you can see in these photos everyone looked great in their French fashion. Thanks to everyone for putting in an effort to look so French!
Here is some useful information for parents about that buzz word we hear in the media all the time: **resilience**, which is what our ‘Bounce Back’ program is centred on.

Over the next few weeks we will be sharing some tips that families can use to help build resilience in their children (and themselves!).

**Resilience: helping your child to ‘bounce back’**

By Toni Noble & Helen McGrath

**What is Resilience?**

Resilience is the ability to cope and ‘bounce back’ after encountering negative events, difficult situations or adversity and to return to almost the same level of emotional wellbeing. It is also the capacity to respond adaptively to difficult circumstances and still thrive. Young people who encounter difficult or challenging situations can learn from them and become stronger.

Young people will always need the personal skills and attitudes to help them to bounce back. Everyone encounters everyday challenges such as making mistakes, falling out with a friend, moving to a new school or losing in a sports competition. Many young people will also face more serious challenges such as adapting to a step-family, the illness or death of a family member, or being bullied.

Resilience helps young people to navigate through life and is an important aspect of adolescent development. When young people are resilient they are able to cope reasonably well with difficult situations and things that go wrong and then ‘bounce back’.

Levels of resilience vary throughout a person’s life and someone who is resilient in one type of adverse or challenging situation may not be as resilient in another situation. Some young people also face more challenges than others because of a learning difficulty or disability or a more anxious personality. The more challenges a young person has in their life, the harder it is for them to be resilient. However it’s important for all young people to learn the personal skills that will help them to be resilient.
Report Writing Day – Friday 10th June

Friday 10th June will be a Report Writing Day. Students are not to come to school on this day.

JSC

Don’t forget PIE DAY FRIDAY will continue next week until the end of term. Orders need to be in on Thursday.

Meat/Chicken and vegetable pies - $3.00,
Sausage Rolls - $2.50,
Party Pies – 70c.

Lightning Premiership Netball/ Football

Just a reminder to the students who are competing in the Lightning Premiership Carnival.
The games will be played at Central Park (Football) and North Park (Netball) in Stawell.
Can parents make sure students are on time to school as the bus needs to leave at 8.45 am.
Good luck to both our footballers and netballers!

School Bank Details

If families would like to pay money to the school by direct deposit our bank details are below:

BUANGOR PRIMARY SCHOOL OFFICIAL ACCOUNT
BSB 063 500
ACCOUNT NUMBER 1004 3741
Please use your FAMILY name as a reference if you are making a payment.
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